

SCHOOL  
OF  
HEALTH  
POLYTECHNIC  
OF PORTO

NOTICE  
P.PORTO/P- 01/2026

ADMISSIONS PROCESS FOR THE DOCTORAL PROGRAMME  
IN REHABILITATION SCIENCES  
ACADEMIC YEAR 2026/2027

José Miguel Silveira Correia Saúde, President of the School of Health Sciences (ESS) of the Polytechnic Institute of Porto (P.PORTO), hereby announces that, in accordance with the provisions of Article 30, in particular its paragraph 2, and with reference to subparagraph a) of Article 38 of Decree-Law No. 74/2006 of 24 March, as currently amended, the admissions process for the enrolment in the Doctoral Programme in Rehabilitation Sciences for the academic year 2026/2027 is now open, subject to the following specific rules:

1. Programmes and Available Places

1.1 Applications are accepted for the Doctoral Programme in Rehabilitation Sciences, in accordance to the places set out in Annex I.

1.2 Any remaining places from the 1st application phase may be added to the places set for the 2nd application phase.

1.3 Additional application phases will be held within the deadlines set out in Annex II, should there be remaining places from the 2nd application phase for the study cycle.

2. Timeline

The deadlines for all acts related to this admissions process are set out in Annex II.

3. Admission requirements

3.1 The Admission requirements for the Degree are the following:

a) Holders of a master's degree or legal equivalent who simultaneously hold a bachelor's degree in Physiotherapy or Occupational Therapy, according to the chosen speciality;

b) Holders of a bachelor's degree in Physiotherapy or Occupational Therapy, according to the chosen speciality, with an especially relevant academic or scientific curriculum recognised by the Technical-Scientific Council of ESS, upon proposal by the Scientific Committee of the study cycle, as certifying capacity for undertaking the speciality — Physiotherapy or Occupational Therapy — to which they are applying;

c) Holders of a master's degree and an especially relevant academic or scientific curriculum recognised by the Technical-Scientific Council of ESS, upon proposal by the Scientific Committee, as attesting to the capacity for undertaking the specific speciality of this study cycle — Physiotherapy/Occupational Therapy — to which they are applying;

d) Holders of degrees equivalent to those referred to above from foreign universities, recognised by the Technical-Scientific Council of ESS, upon proposal by the Scientific Committee, as certifying capacity for undertaking the speciality of the study cycle — Physiotherapy or Occupational Therapy. The recognition referred to in subparagraphs b) and c) of clause 3.1 only grants access to the study programme leading to the degree of Doctor and does not confer upon its holder the equivalence to the Master's and/or Bachelor's degree, or recognition of such degree.

3.2 The recognition mentioned in subparagraphs b) and c) of clause 3.1 is valid only for access to the study cycle leading to the degree of Doctor and does not confer equivalence to the Master's and/or Bachelor's degree, nor recognition of such degree.

3.3 For candidates referred to in subparagraph d) of clause 3.1, foreign documents or documents issued abroad that certify qualifications must be recognised by a Portuguese diplomatic or consular authority, or bear the Hague Apostille, for countries that have acceded to the Hague Convention.

3.4 Only authenticated copies of the originals of the documents referred to in subparagraphs a) to c) of clause 3.1, issued by the competent authority certifying the completion of studies in which the applicant obtained the qualification, will be accepted. When a digital document is submitted for online verification/validation, the applicant must submit the necessary data to enable the Jury to proceed with the verification/validation. Documents verified/validated by QR Code will not be accepted.

3.5 If the original documents referred to in the preceding clauses are not written in Portuguese, English, French or Spanish, they must be translated into Portuguese or English. This translation must also be certified by a Portuguese diplomatic or consular authority in the country of origin of the diploma/certificate, or by the Hague Apostille (this requirement is cumulative with that of clause 3.3).

3.6 Candidates must prove proficiency in English, both oral and written, by submitting a certificate or a declaration of honour, which must be included in their academic and professional curriculum vitae, in accordance with subparagraph v) of clause 4.2.2.

4. Information on the application process:

4.1. The application is made online at <https://domus.ipp.pt/home/cands/candidaturas.aspx>, within the deadlines set out in Annex II;

4.2. The application process includes:

4.2.1. The completion *online* of the application form

4.2.2. The upload to the online system of the following documents in pdf format:

- i. Proof of identity/nationality of the applicant, unequivocally attesting their nationality. For applicants who are not nationals of a Member State of the European Union, or of a State Party to the Agreement on the European Economic Area, a copy of the Passport, or residence permit if resident in Portugal (**mandatory document**);
- ii. Proof of non-applicability of the definition of «international student», as defined in Article 3 of [Decree-Law No. 36/2014, of 10 March, amended by Decree-Law No. 20/2025, of 18 March](#), (applicable only to applicants who are not nationals of a Member State of the European Union, or of a State Party to the Agreement on the European Economic Area) (**mandatory document**);
- iii. Proof of tax identification number or tax domicile certificate obtained from the finance portal, if resident in Portugal;
- iv. Proof of the qualification with which the applicant is applying, including the final grade. Applicants holding a foreign qualification must include, in their application, an official declaration issued by the Higher Education Institution where they completed the academic degree, containing the academic degree, the respective final grade, and the grading scale used (**mandatory document**);
- v. The applicant's professional and academic curriculum, which must itemise separately, in the following order:
  - (a) Academic qualifications: certificate of academic degrees, grades, date and institution where they were obtained, preferably accompanied by the respective study plans and syllabus, when the degree was not obtained at ESS;
  - (b) Scientific articles published or accepted for publication (prioritising indexed journals (Web of Science/Scopus));
  - (c) Experience in participating in Research and Development projects in areas related to the programme (with the project reference or a letter from the project leader attesting the applicant's participation);
  - (d) Scientific communications at national and international conferences, duly evidenced;

- (e) Scientific supervision of master's dissertations or undergraduate academic work;
- (f) Advanced training and other relevant scientific activities (courses, awards, distinctions, participation in scientific committees, evaluation panels);
- (g) Teaching experience in higher education: description of duties performed and indication of the institutions where the professional activity was carried out, duly evidenced with specification of length of service;
- (h) Qualified professional experience in the area of speciality: description of duties performed and indication of the institutions where the professional activity was carried out, duly certified;
- (i) Other documents the applicant deems relevant for the assessment of their application, namely the English language certificate or declaration on their honour stating proficiency in this language;

4.2.3. Reference letter from the coordinator of the highest-level programme held by the applicant, containing institutional contact details (email) and their consent to respond when contacted to verify information provided by the applicant, when the degree was not obtained at ESS;

4.2.4. Payment of the application fee of €60.00 (sixty euros), made through the ATM network – service payment, using the generated reference. Only international students not residing in Portugal may pay this fee by bank transfer, in accordance with the instructions provided in the online application system and must send a copy of the proof to the email [pos.graduado@ess.ipp.pt](mailto:pos.graduado@ess.ipp.pt), indicating the application number;

4.3. In the assessment of the applicant's professional and academic curriculum, only duly evidenced references will be considered. The Panel may, if it deems appropriate, request additional documents to clarify any doubts, such as the study plan of the applicant's degree programme and respective syllabus;

4.4. The absence of any mandatory document results in the exclusion of the application, except in the case of clause 4.2.2 (ii), where the absence of the document results in the application of the international student status.

4.5. Failure to provide supporting documentation will mean the associated information is disregarded during the ranking process, which may negatively impact the final score of the application.

4.6. ESS students may submit information obtained through the ESS portal as proof of the qualification with which they are applying;

4.7. Applicants who are not nationals of a Member State of the European Union, or of a State Party to the Agreement on the European Economic Area, and who do not wish to upload a

copy of their Passport, or residence permit if resident in Portugal, must present themselves in person at the academic services of the OR delivering the programme to which they wish to apply, within the application deadline, with the original document for verification/validation by the services.

- 4.8. Any errors or omissions made in completion the online application form, or in the application process, are the sole responsibility of the applicant.
- 4.9. Granting third parties access to the P.PORTO application system is the sole responsibility of the applicant.
- 4.10. The application fee will not be refunded under any circumstances.

## 5. Selection and ranking

- 5.1 The selection and ranking of candidates is carried out by a Jury appointed by the President of ESS, comprising the scientific committee of the PhD program, and may include other academic staff.
- 5.2 The ranking criteria, the formula for calculating the final grade, and the weighting factors are set out in Annex III.
- 5.3 The ranking of candidates will be carried out in descending order of the final grade, on a numerical scale of 0 to 20 rounded to one decimal place. Candidates will be allocated to the speciality to which they applied until the available places in that speciality are filled. Should places remain in any speciality after the second phase, additional phases may be opened in accordance with clause 1. From the third phase onwards, if the number of candidates for a speciality is lower than the number of available places, the remaining places will be transferred to the speciality with surplus candidates, until all places are filled.
- 5.4 If the Jury deems it appropriate:
  - 5.4.1 Interviews may be conducted with candidates, in person or online, to clarify relevant matters relating to the candidate's curriculum vitae or documents submitted with the application;
  - 5.4.2 The interview does not allow for the submission of additional documents to the application, but only for the provision of clarifications.
  - 5.4.3 The interview is mandatory when requested by the Jury but is non-gradable.

## 6. Summary rejection

### 6.1 Applications will be summarily rejected in any of the following situations:

- 6.1.1 Not submitted in accordance with the terms and deadlines set out in this Notice;
- 6.1.2 Failure to pay the fee within the period set for the application;

6.1.3 Submitted by candidates with outstanding tuition fees or any other amounts owed to P.PORTO, regardless of their nature.

6.2 In the case of a summary rejection, candidates will be notified electronically and through the online system.

## 7. Exclusion of applicants

7.1. Applicants will be excluded from the application process if they:

7.1.1. Fail to submit all mandatory documents referred to in clause 4.2;

7.1.2. Provide false statements;

7.1.3. Do not meet the established admission requirements;

7.2. All acts resulting from false statements, including enrolment and registration, shall be considered null and void;

In the event of exclusion, applicants will be notified electronically and through the *online* system.

## 8. Decision on applications

8.1 The decision on applications is expressed through one of the following outcomes:

a) Admitted;

b) Conditionally admitted;

c) Not admitted;

d) Excluded.

8.2 The mention of conditional admission must be accompanied by the respective justification, with the indication of the condition to be verified with the academic services, prior to enrolment.

8.3 The mention of exclusion must be accompanied by the respective justification.

8.4 The Results must include the following elements: application number, applicant's name, bachelor's degree grade, master's degree grade, postgraduate grade, scientific and professional Portfolio grade, final grade, ranking order and outcome.

## 9. Publication of results

9.1. The results will be announced through a results notice published at <https://domus.ipp.pt/home/cands/candidaturas.aspx> - **Admission for Doctoral Programmes at ESS**, by selecting the OU delivering the intended programme, after logging in, under the <Results> tab;

9.2. The Jury's decisions on the selection and ranking of candidates are not subject to appeal, unless procedural defects are invoked, in which case a complaint may be submitted to the President of ESS within the deadlines set out in Annex II.

## 10. Complaints

10.1 Complaints must be submitted online at <https://domus.ipp.pt/home/cands/candidaturas.aspx>, under the Doctoral Programme Admission, by selecting ESS that after login, in the <Complaints> tab, within the deadlines set out in Annex II. The complaint file must include:

10.1.1 Online completion of the complaint form;

10.1.2 Payment of the complaint fee of €60 (sixty euros), made through the ATM network service payment, using the ATM reference generated in the online system.

10.2 Candidates not living in Portugal will only be permitted to pay the complaint fee by bank transfer, as instructed in the online system.

10.3 Complaints that are not duly justified, whose requests are unintelligible, or that do not comply with the payment deadline for the complaint fee, will be summarily rejected.

10.4 The complaint fee will only be refunded if the complaint is upheld. Where there is a right to a refund, the refund request must be submitted by applicants by 30 November 2026, through an online request at <https://domus.ipp.pt/home/reqs/externos.aspx>, with the IBAN to which the bank transfer should be made. A surcharge of €35 (thirty-five euros) will be applied to bank transfers to IBANs outside the EU, in accordance with the fees schedule in effect.

## 11. Information and clarification

Candidates may obtain information and clarifications from the Academic Management Service of ESS. Opening hours and contact details are available at [www.ess.ipp.pt](http://www.ess.ipp.pt).

## 12. Enrolment, registration, fees and tuition

12.1 Enrolment and registration of placed candidates are carried out in accordance with the General Regulation on Enrolment and Registration of P.PORTO and within the deadlines established in Annex II, at [domus.ipp.pt](http://domus.ipp.pt).

12.2 Enrolment/registration is subject to payment of the registration fee, student insurance and annual tuition fee, in accordance with the current Fee Schedule and the General Council resolution, respectively. Tuition fee values are available at [www.ipp.pt](http://www.ipp.pt), under Academic Information > Tuition Fees.

12.3 Should a placed candidate expressly withdraw from enrolment/registration or fail to appear for the same, the Academic Management Service will notify, electronically, the unplaced candidate(s) in descending order of grade, until all places are filled or candidates exhausted, who will have four working days after receipt of notification to proceed with enrolment and registration.

12.4 In the event of a programme not running due to insufficient enrolled students, the amounts paid as registration fee, insurance and tuition fee referred to in clause 12.2 will be refunded.

12.5 Documents uploaded to the online system and their originals must be presented to the academic management services of the respective OU for verification when requested and within the established deadlines.

12.6 Non-compliance with the provisions of the preceding clause will result in blocking of access to DOMUS.

### 13. Information on late application requests

13.1 After all phases are concluded, out-of-deadline applications may be accepted upon a duly justified request submitted to the academic management services of ESS, provided that integration conditions exist, namely the availability of remaining places on the intended programme.

13.2 The out-of-deadline application file must include the documents listed in subparagraph b) of clause 4.2.

13.3 In the event of approval, the out-of-deadline application is subject to payment of the fee set out in subparagraph c) of clause 4.2, plus the fee for performing an administrative act out of deadline, as established in the current Fee Schedule, to be paid at the academic management services of the ESS.

ESS, 12 March 2026

Miguel Saúde

President



## ANNEX I

ADMISSIONS PROCESS FOR THE DOCTORAL PROGRAMME  
IN REHABILITATION SCIENCES  
ACADEMIC YEAR 2026/2027

## PLACES ALLOCATION

PhD Programme	Total Places	Specialty Area	1st Phase	2nd Phase
Rehabilitation Sciences	12	Physiotherapy	4	2
		Occupational Therapy	4	2

ANNEX II  
 ADMISSIONS PROCESS FOR THE DOCTORAL PROGRAMME  
 IN REHABILITATION SCIENCES  
 ACADEMIC YEAR 2026/2027  
 CALENDAR

1ST APPLICATION PHASE

Action	Deadline
Applications	From 13 to 20 March 2026
Publication of results notices	By 31 March 2026
Complaints	1 and 2 April 2026
Decision on complaints	By 8 April 2026
Enrolment and registration	From 9 to 14 April 2026

2ND APPLICATION PHASE

Action	Deadline
Publication of places	By 21 April 2026
Applications	From 1 June to 3 July 2026
Publication of results notices	By 20 July 2026
Complaints	From 22 to 24 July 2026
Decision on complaints	By 31 July 2026
Enrolment and registration	From 3 to 7 August 2026

3RD APPLICATION PHASE (if there are remaining places)

Action	Deadline
Publication of places	By 14 August 2026
Applications	From 17 to 31 August 2026
Publication of results notices	By 11 September 2026
Complaints	From 14 to 16 September 2026
Decision on complaints	By 23 September 2026
Enrolment and registration	From 24 to 30 September 2026

ANNEX III

ADMISSIONS PROCESS FOR THE DOCTORAL PROGRAMME  
IN REHABILITATION SCIENCES

ACADEMIC YEAR 2026/2027  
SELECTION AND RANKING CRITERIA

1. Applicants will be ranked by the Panel taking into account the preference area of speciality indicated in the application form.
2. Applicants may only be admitted to one of the areas of speciality of the programme.
3. All grades are presented on a scale of 0-20.
4. Applicants will be assessed considering the following components and criteria:

a) Academic Grade (AG)

The Academic Grade aims to assess the applicant's suitability and academic performance.

i) Suitability Factors apply to Bachelor's degrees (SFB), Master's degrees (SFM) and postgraduate courses corresponding to the completion of the first year of a Master's programme or 60 ECTS credits completed in a Master's programme (SFPG), as follows:

The suitability factors SFB, SFM or SFPG will be assigned the following score:

- 1.0 for programmes in Physiotherapy or Occupational Therapy;
- 0.5 for other programmes, in accordance with subparagraph c) of clause 3 of this Notice.

ii) Grades considered

- BG – Final Grade of the Bachelor's Degree;
- MG – Final Grade of the Master's Degree
- PGG – Final Grade of the postgraduate course corresponding to the completion of the first year of a Master's programme or 60 ECTS credits completed in a Master's programme.

ii) Calculation formula

The Academic Grade is obtained using the formulas below.

- a) When the applicant holds a bachelor's degree and a master's degree:

$$AG = (SFB \times BG + SFM \times MG) / 2$$

- b) When the applicant holds a bachelor's degree and a postgraduate course corresponding to the completion of the first year of a Master's programme or 60 ECTS credits:

$$AG = (SFB \times BG + 0.5(SFPG \times PGG)) / 2$$

Whenever the final degree grade is not included in the supporting document, a grade of 10 will be considered.

If the applicant holds more than one academic degree of the same level, the one that yields the highest AG value will be considered.

In the calculation of the AG, Suitability Factors according to the area of training and the degree grade will be considered.

b) Scientific and Professional Portfolio (SPP)

The SPP includes all evidence of scientific output, participation in research activities and relevant academic activities, focusing on Rehabilitations Sciences, in the specialty of Physiotherapy or Occupational Therapy.

The Scientific and Professional Portfolio grade is assigned by the Panel on a scale of 0 to 20 in accordance with the weightings indicated below:

- Scientific articles published or accepted for publication: 35%
- Experience in participating in Research and Development projects in areas related to the programme: 20%
- Scientific communications (national and international, oral or poster): 10%
- Scientific supervision: 10%
- Advanced training and other relevant scientific activities (courses, awards, distinctions, participation in scientific committees, evaluation panels): 10%

- Teaching activity in higher education: 10%
- Qualified professional experience in the area of speciality: 5%

3. The Final Grade (FG) is expressed as a value on a scale of 0 to 20, rounded to one decimal place, determined by the expression:

$$FG = 0.50 AG + 0.50 SPP$$

Applicants will be ranked in descending order of final grades.

#### 4. Tiebreaker Criteria

In the event of a tie, the Panel may proceed by considering, first, the quality of the scientific and professional portfolio and, second, the highest academic grade.

Porto, 12 March 2026

The President of ESS|P.PORTO,

Professor Miguel Saúde