



**ANNOUNCEMENT FOR THE AWARD OF 1 RESEARCH SCHOLARSHIP FOR A MASTER'S
DEGREE HOLDER, REF.: E2S/CIR-LABRP/PRODRUMUS/BI/2026/02**

An open call is announced for the award of 1 Research Scholarship, within the scope of the Psychosocial Rehabilitation Laboratory, Research Center in Rehabilitation (LabRP-CIR) of the School of Health of the Polytechnic Institute of Porto (E2S – P.PORTO), funded by the project “FLAD Science Award on Mental Health 2024” – project “PRODRUMUS – A digital phenotyping enhanced just-in-time adaptive intervention for preventing people at ultra-high risk, clinical high risk, or with first-episode psychosis from transitioning to psychosis”, under the following conditions:

1. SCIENTIFIC AREA

PSICOLOGY

2. ADMISSION REQUIREMENTS

2.1 – General requirements for application to a research scholarship:

- a) National citizens or citizens of other Member States of the European Union;
- b) Citizens of third states;
- c) Stateless individuals or beneficiaries of political refugee status;
- d) Applicants must be in the following academic situation:
 - 1) Be enrolled in doctoral program, with the objective of consolidating the scientific training through the development of research work leading to the corresponding academic degree, whether or not integrated in R&D projects.
 - 2) Be a master's degree holder enrolled in non-degree courses included in the educational project of a higher education institution, developed in association or cooperation with one or more R&D units.
- e) For case (1), applicants holding foreign degrees must have their degree recognized in Portugal, with conversion of the final classification into the Portuguese grading scale, under the terms of Decree-Law No. 66/2018, of August 16.

2.2 – Specific requirements:

- a) Academic background: Master's degree in Psychology;



- b) Master's degree final grade equal to or greater than 16 (on a 20-point scale);
- c) Must not have benefited from a non-degree research scholarship for a cumulative period of 2 years, whether consecutive or non-consecutive.

2.3 – Preferential factors:

Preference will be given to applicants with knowledge and skills in:

- a) Knowledge and/or experience in the field of Clinical and/or Health Psychology;
- b) Knowledge and/or experience in conducting systematic reviews and/or meta-analyses;
- c) Knowledge and/or experience in conducting different types of interviews (e.g., individual and group interviews, conducting focus groups);
- d) Knowledge and/or experience in qualitative data analysis methodologies (content analysis);
- e) Skills in using content analysis software;
- f) Knowledge and/or experience in quantitative data analysis methodologies;
- g) Proficiency in statistical analysis software;
- h) Knowledge and/or experience in the health field, namely in monitoring health variables;
- i) Experience collaborating with research centers or research teams in the field of health sciences;
- j) Oral and written proficiency in English;
- k) Immediate availability to start the fellowship (to be stated in the motivation letter to be submitted with the application).

3. WORK PLAN

To collaborate in the work plan of PRODRAMUS project, namely:

- a) Conducting systematic reviews and/or meta-analyses;
- b) Conducting different types of interviews [e.g., individual and group interviews, focus groups, face-to-face or remote];
- c) Conducting qualitative data analysis (content analysis) using qualitative analysis software;
- d) Conducting quantitative data analysis using statistical analysis software;



- e) Participating in real-world, moment-to-moment data collection through commercial mobile devices, such as smartphones and wearable fitness trackers, to capture a digital expression of human behavior;
- f) Participating in the development of adaptive psychosocial interventions for individuals at risk, exploring their effectiveness in preventing psychosis and promoting global functioning, cognitive functioning, and quality of life in people at risk of transitioning to psychosis;
- g) Supporting scientific dissemination and publication activities, in Portuguese and English;
- h) Preparing technical reports and other project-related documents;
- i) Maintaining the project website.

4. APPLICABLE LEGISLATION AND REGULATIONS

- Law no. 40/2004, of August 18, as amended by Decree-Law no. 202/2012, of August 27, by Decree-Law no. 233/2012, of October 29, by Law no. 12/2013, of January 29, by Decree-Law no. 89/2013, of July 9, by Decree-Law no. 123/2019, of August 28, and by Decree-Law no. 65/2024, of October 1.
- Article 37 of Decree-Law no. 63/2019, of May 16.
- Regulation of Research Scholarships of FCT, I.P., no. 950/2019, of December 16, as amended by Regulation no. 643/2021, of July 14, revised and republished by Notice no. 412/2026/2, published at Diário da República, second serie, no. 4 of January 7.
- Regulation of Research Scholarships of P.PORTO (P.PORTO/P-001/2020), approved by Order P.PORTO-P-015-2020.

5. SCIENTIFIC COORDINATION

Scientific Coordinator: Professor António José Pereira da Silva Marques, Coordinator of the Psychosocial Rehabilitation Laboratory (LabRP-CIR) of the School of Health (E2S) of the Polytechnic Institute of Porto (E2S-P.PORTO).

6. SCIENTIFIC SUPERVISION AND WORKPLACE

Scientific supervision: Professor Artemisa Rocha Dores, Full Professor at E2S|P.PORTO.

The work will be carried out at the Psychosocial Rehabilitation Laboratory (LabRP-CIR) of the School of Health of School of Health Sciences, Polytechnic Institute of Porto.



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7. DURATION AND WORK REGIME

The scholarship contract will have a duration of 12 months, on an exclusive dedication basis, in accordance with the applicable regulations.

8. MONTHLY MAINTENANCE ALLOWANCE AMOUNT

The scholarship amount corresponds to € 1,309.64, according to the current FCT funding table (https://www.fct.pt/wp-content/uploads/2025/02/Tabela_valores_SMM_2025.pdf), paid monthly, plus reimbursement of voluntary social security contributions, according to the regulations.

9. SELECTION METHOD AND JURY COMPOSITION

9.1 – Applicant selection methods:

The selection method to be used will comply with the following evaluation criteria and respective weightings:

- a) Curriculum assessment and suitability of the candidate's profile for the position, scored from 0 to 20 (weighting 50%):
- b) Interview, scored from 0 to 20 (weighting 50%).

The candidate with the highest overall score, based on a 50% weighting for the CV evaluation and 50% for the interview, will be selected.

9.2 – Tie-breaking criteria:

In the event of a tie, the selection committee will vote, with all members participating, and the president of the jury will cast the casting vote in the event of a further tie.

9.3 – Reasons for applicants' exclusion:

Applicants may be excluded from the competition on the following grounds:



- a) For not meeting the mandatory requirements specified in the call for applications (section 2.);
- b) Candidates who score below 9.5 in any of the evaluation components will be excluded from the selection procedure and will not be assessed in the subsequent component(s);
- c) Failure by the candidate to attend the interview, or their unavailability to provide any additional information requested, will be considered as withdrawal from the selection process.

9.4 – Selection jury composition:

President – Professor António José Pereira da Silva Marques, Full Professor with aggregation at E2S|P.PORTO.

Effective Member – Professor Artemisa Rocha Dores, Full Professor at E2S|P.PORTO, who substitutes the president in cases of absence or impediment.

Effective Member – Professor Ana Raquel Freitas Simões de Almeida, Assistant Professor at E2S|P.PORTO.

Substitute Member – Professor Sara Cristina de Pina Gonçalves de Sousa, Assistant Professor at E2S|P.PORTO.

10. FORM OF PUBLICATION/NOTIFICATION OF RESULTS

The results of the selection process will be communicated to the applicants electronically, via the email address provided in the application, in accordance with the deadlines established in the P.PORTO Research Scholarship Regulation. The minutes shall be obligatorily archived by the jury on the support platform for this competition: <https://domus.ipp.pt/concursos/ess/pessoal/>.

11. DEADLINE AND PROCEDURE FOR SUBMITTING APPLICATIONS

11.1. Application deadline

The competition is open for a period of 10 working days, from 04/02/2026 to 17/02/2026.

Date of publication: 03/02/2026.



11.2. Procedure for submitting applications

Applications must be formalized by completing the electronic application form, which is available at <https://www.ess.ipp.pt/ess/recrutamento/bolsas-de-investigacao/bolsas-de-investigacao>, and submitting it together with all required documents by the established deadline.

Applications sent by email or through any other electronic means than that specified will be automatically excluded.

11.3. Application supporting documents

- 1) Curriculum Vitae;
- 2) Academic certificates, or their official recognition (with conversion of the final grade), when awarded by foreign higher education institutions, without prejudice to the provisions of paragraph 1 of the following section;
- 3) Proof of enrollment in a degree program or a non-degree course, if the applicant is not a student of P.PORTO, without prejudice to the provisions of paragraph 2 of the following section;
- 4) Declaration, under honor pledge, stating that:
(A) The applicant is aware of the current P.PORTO Research Scholarship Regulation and undertakes to comply with it; (B) The applicant does not exceed, with the signing of the present scholarship contract, the maximum legally established period, whether continuous or cumulative.
- 5) Motivation letter;
- 6) Any other documents the applicant considers relevant.

11.4. Application supporting documents: specific conditions

The proof documents mentioned in item 2 of the preceding section are of the following type:

- 1) Academic degree(s) and diploma(s), or their recognition when awarded by foreign higher education institutions – mandatory whenever degree ownership is a condition of admission or a selection criterion for applicants. However, it may be waived at the application stage and replaced by a declaration of honor by the applicant, with verification of this condition taking place only at the scholarship contracting stage;



- 2) Proof of enrollment in a degree program or in a non-degree course, in the case of applicants who are not P.PORTO students – mandatory whenever enrollment is an admission requirement. The awarding of the scholarship will be conditional upon valid enrollment within six months from the date of notification of approval in the scientific evaluation stage.

12. TIME LIMITS AND PROCEDURES FOR COMPLAINTS AND APPEALS

The final decision may be contested within 15 working days (complaint) or appealed to the President of P.PORTO within 30 working days, following notification, in accordance with Article 12 of the current P.PORTO Research Scholarship Regulation.

13. EXPENSE AUTHORIZATION

Expense Authorization Request No.: PAD-ESS7530.

Project Reference: “PRODRUMUS – A digital phenotyping enhanced just-in-time adaptive intervention for preventing people at ultra-high risk, clinical high risk, or with first-episode psychosis from transitioning to psychosis”, financial support from “FLAD Science Award on Mental Health 2024”.

February 2, 2026 – The President of the School of Health of the Polytechnic Institute of Porto,
Professor José Miguel Silveira Correia Saúde.